

Empowerment
Programme for
Aspiring Leaders
(7 day)



Do you find yourself in need of further leadership in dementia care? Are you actively supporting individuals living with dementia and seeking to enhance your impact? If so, our comprehensive "Dementia Care Innovators: Empowerment programme for Aspiring leaders", delivered by Mindful Care Training and Consultancy, is tailored to meet your needs.

## \*\*Course Highlights:\*\*

- Leadership Skills Development:- Learn essential leadership skills for guiding dementia care teams.
- **Understanding Dementia** Explore the basics, prevalence, and emotional impact.
- Effective Communication- Master crucial communication strategies in dementia care.
- **Neurological Insights** Delve into the brain changes associated with dementia.
- **Distressing Behaviours** Acquire practical tools for managing difficulties effectively.
- **Teepa Snow's PAC Techniques** Engage in hands-on application through interactive workshops.
- **Real-life Scenarios** Apply learned skills through case studies and role-playing.
- **Coaching Skills -** Develop techniques to support and empower staff members.
- **Flexible Sessions** Choose between online, faceto-face or mixed sessions (dependent on geographical area).
- Implementing Pledges
- Quarterly support calls post programme for 1 year after the course.

Exclusive invites to annual Dementia online conference and workshops.

## \*\*Why train with us?:\*\*

- Led by a certified Teepa Snow PAC Trainer, Occupational Therapist and National Awardwinning Dementia Lead.
- Engaging multimedia presentations, group discussions, and interactive activities.
- Access exclusive resources, including video demonstrations and reference materials.
- Join a supportive community of professionals dedicated to advancing dementia care.
- Choose us for expertise, interactive learning, and comprehensive resources to enhance your leadership in dementia care.
- Ongoing support to achieve aims and objectives



Get in touch with us today to learn more about the programme, including details on cost, availability, and registration

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